



Anastacio Nick Diaz

June 23, 1965 - January 15, 2026

Anastacio “Nick” Diaz entered into eternal rest, leaving behind a legacy of compassion, dedication, and love that touched all who knew him.

He was born on June 23, 1965, in San Carlos, Pangasinan, Philippines, to Hero Diaz and Remedios Aquino who preceded him in death. In 1992, Anastacio made the life-changing journey to the United States, where he built a meaningful career and a beautiful life rooted in service to others.

Anastacio was a devoted Physical Therapist who served at various hospitals throughout the Rio Grande Valley, most recently at Valley Baptist Medical Center. He truly loved his profession and was known for his strong work ethic, professionalism, and genuine care for every patient he served.

Mild-mannered, kind, and generous, Anastacio extended help to anyone in need without hesitation. He was a natural mentor and a steady presence of encouragement to colleagues and friends alike. Above all, he was a man who cherished his family deeply, faithfully keeping close ties with his loved ones and regularly calling his sisters. He will be remembered as a loving husband, father, and friend, whose heart was as big as his compassion.

He leaves behind to cherish his family, his loving wife Jenny Diaz; two sons, Joshua Nicholas Diaz and Justin Nicholas Diaz and three sisters, Luz Diaz

Matabang, Rose Diaz and Aureen Diaz.

Visitation will be held on Saturday, January 17, 2026, from 5:00 PM to 9:00 PM, with a Rosary prayed at 7:00 PM, and again on Sunday from 3:00 PM to 9:00 PM, with a Rosary at 7:00 PM.

Funeral services will take place on Monday, January 19, 2026, departing from Rudy Garza Funeral Home at 9:30 AM for a 10:00 AM Mass of Christian Burial at Queen of Peace Catholic Church. Services will conclude at the church.

Anastacio "Nick" Diaz leaves behind a life well lived and a memory that will forever remain in the hearts of those who loved and were blessed to know him.

Funeral services are under the direction of Rudy Garza Funeral Home of Harlingen

Previous Events

Visitation

JAN 17. 5:00 PM - 9:00 PM (CT)

Rudy Garza Funeral Home - Harlingen
1702 E Harrison Ave
Harlingen, TX 78550
(956) 425-8200
rgfhtx@aol.com
<https://www.rudygarzafunerals.com>

Rosary

JAN 17. 7:00 PM (CT)

Rudy Garza Funeral Home - Harlingen
1702 E Harrison Ave
Harlingen, TX 78550
(956) 425-8200
rgfhtx@aol.com
<https://www.rudygarzafunerals.com>

Visitation

JAN 18. 3:00 PM - 9:00 PM (CT)

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Tribute Wall



“ *Simply Elegant Spathiphyllum* was purchased for the family of Anastacio Nick Diaz.



January 21 at 10:12 AM



“ *Sympathy Gift Vintage Wind Chime - "I Have You In My Heart"* was purchased for the family of Anastacio Nick Diaz.



January 19 at 03:37 PM



“ Cheryl Walters planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Anastacio Nick Diaz.

Cheryl Walters - January 19 at 03:37 PM

RW

“ Dear Jenny, Joshua and Justin, I have had the privilege of knowing Nick for several years mainly in the hospital settings. I am an OTR and the memories I have of Nick is how well he always treated his patients and patients would love to work with him! Whenever I was around Nick, whether at the hospital ,or back in the day whenever he would go to the Valley Baptist gym doing body combat class, he would brighten up the room with his enthusiastic smile and welcoming and approachable character! He was always encouraging and easy to talk with and very motivating! He was the type of guy who would bring the best out of you!
My heart grieves for the Diaz family and I am praying for you during this difficult time that each of you would know the comforting peaceful Presence of the Lord to be the strength for your family!
Our sincere condolences to your family, Robert and Mindy Wainscott

“Jesus said to her, “I am the resurrection and the life. He who believes in Me, though he may die, he shall live.” John11:25

Robert Wainscott - January 19 at 01:40 PM

ML

“ Mary L. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Anastacio Nick Diaz.

Mary L. - January 19 at 08:52 AM

RY

“ My hugs and heartfelt condolences and prayers to you and to your family Jen, may you feel God’s loving arms wrapped around you, providing strength and comfort in your sorrow. And may His presence bring healing, solace, and hope as you navigate this journey.

Rosemarie Navarro Yee - January 19 at 02:31 AM



“ *Days of Sunshine Bouquet was purchased for the family of Anastacio Nick Diaz.*



January 18 at 07:55 PM



“ *Mercado planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Anastacio Nick Diaz.*

Mercado - January 18 at 07:55 PM



“ *Fairest of All was purchased for the family of Anastacio Nick Diaz.*



January 17 at 07:07 PM



“ *the Zamarron and Penaflor families planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Anastacio Nick Diaz.*

the Zamarron and Penaflor families - January 17 at 07:07 PM

NH

“ Noelia, Katie and Hollie Hernandez purchased the Sympathy Meat & Cheese Gift Crate for the family of Anastacio Nick Diaz.



Noelia, Katie and Hollie Hernandez - January 17 at 05:39 PM

JO

“ Jenny,
My heart is filled with sorrow upon hearing Nick (RIP) your husband passing. We pray that the love of God hasten Nick journey to Heaven , enfolds you during your family difficult times & helps you heal with the passage of time. cous, just know we are here for you, please don't hesitate to reach out, especially during this difficult time.
Dory Ho Yu (WMSU-Adrem '87)



Jog - January 17 at 05:13 PM

P1

“ Philip & Dory Ho Yu family & WMSU- Adrem 1987 and Chong Hua 1983 planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Anastacio Nick Diaz.

Philip & Dory Ho Yu family & WMSU- Adrem 1987 and Chong Hua 1983 -
January 17 at 04:50 PM



“ *Divine Peace Bouquet was purchased for the family of Anastacio Nick Diaz.*



January 17 at 03:46 PM



“ *Danny and Janie Acebedo purchased the Emerald Garden Basket for the family of Anastacio Nick Diaz.*



Danny and Janie Acebedo - January 17 at 03:46 PM



“ *Danny and Janie Acebedo planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Anastacio Nick Diaz.*

Danny and Janie Acebedo - January 17 at 03:46 PM



“ *Zaldivar family purchased the Lavender Reflections Spray for the family of Anastacio Nick Diaz.*



Zaldivar family - January 17 at 12:52 PM



“ *Sentiments of Serenity Spray was purchased for the family of Anastacio Nick Diaz.*



January 17 at 10:35 AM



“ *Araceli Duran and Family purchased the Blue Caribbean Bouquet for the family of Anastacio Nick Diaz.*



Araceli Duran and Family - January 17 at 09:14 AM

AD

“ I met Nick and Jenny at Orange Theory, where shared workouts turned into genuine friendship. We laughed often about how our minds still thought we were in our 20s, even when our bodies clearly reminded us otherwise. We joked about doing these tough workouts at our age — especially since when we were younger, we never could have afforded this gym.



Our conversations went well beyond the studio. We talked about life, being empty nesters, restaurants, and especially our sons, after discovering we had competitive swimmers. He spoke with such pride about his sons and so often about Jenny — it was always clear how much his family meant to him.

Being part of the Orange Theory community with him was a joy. He brought laughter, kindness, and a sense of connection to everyone around him. I went back today, and the space felt quieter. The last time I saw him was there earlier this week, doing what he always did — showing up.

My heart is with Jenny and his sons. Please know how deeply he was appreciated and how much he will be missed.--Araceli Duran and Family

Araceli Duran - January 17 at 09:02 AM



“ Full Of Love Bouquet was purchased for the family of Anastacio Nick Diaz.



January 17 at 01:22 AM

HL

“ HMC Cath Lab purchased the Sentiments of Serenity Spray for the family of Anastacio Nick Diaz.



HMC Cath Lab - January 16 at 07:57 PM

TR

“ The Rehabilitation Department, RGRH purchased the Sentiments of Serenity Spray for the family of Anastacio Nick Diaz.



The Rehabilitation Department, RGRH - January 16 at 07:10 PM

TR

“ The Rehabilitation Department, RGRH planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Anastacio Nick Diaz.

The Rehabilitation Department, RGRH - January 16 at 07:10 PM

OH

“ OTF Harlingen purchased the Divine Peace Bouquet for the family of Anastacio Nick Diaz.



OTF Harlingen - January 16 at 03:06 PM