



Sheila Rae Barrett

January 28, 1964 - December 28, 2023

Sheila Rae Barrett age 59, died unexpectedly in the Valley Baptist Hospital in Harlingen, Texas

December 28, 2023. The youngest daughter of Stella (O'Rourke) Alaniz and Thomas Barrett, she

was born in Osage, Iowa January 28, 1964. Sheila grew up in Mitchell, Iowa, attended the

Mitchell Elementary School and Osage High School. She graduated from high school in

Brownsville, Texas at the James Pace High School in 1981.

Sheila moved with her mother to Texas into the Rio Grande Valley in 1980.

After she graduated

from high school she worked in the bar and restaurant business for many years. In 2000, she

was accepted into nursing school and graduated from Texas Southmost College in Brownsville,

TX as an LVN. After graduation, she worked at local hospitals and nursing homes. She however,

spent the majority of her career specializing in geriatric nursing and working at adult daycares.

Sheila was an avid pool player, a great storyteller where she was usually the main character, a

lover of family and a maker of lifelong friends. She was a mother figure to her nephews and a caregiver to many including her mother for over 20 years.

She is survived by her only daughter Josie Makayla Barrett, her brothers, Michael, (Janis) of Mesa, AZ, Danny of Brownsville, TX and sister Peggy House of San Benito, TX, nieces, Esther Murphy, Emily Gray, nephews Ethan Barrett, Tommy Vaughn, Quinte Smith and many cousins and close friends. Sheila was preceded in death by her parents, sister Toni, brother Patrick, brother-in-law Richard House, cousins and aunts and uncles.

Funeral services will be held Saturday, January 6, 2024 at 1:00 PM at the Champion Bucheit Funeral Home in Osage, Iowa. Viewing will take place two hours before the service. Burial will be in the Oak Grove Cemetery in Mitchell, Iowa following services.

Cemetery Details

Oak Grove Cemetery

125 E. Van Buren St.
Mitchell, IA 50461

Previous Events

Funeral

JAN 6. 1:00 PM.

Champion Buchelt Funeral Home
Osage, IA

Tribute Wall

AA

“ So many memories with Sheila from back when she lived in Mitchell and I owned the Town Pump. She was such a fun, funny any loving person. I'll never forget her! May the memory of her laughter and fierce love of her friends and family bring you peace in your sorrow. God bless!



Ann (Kisner) Abrahamson

Ann Abrahamson - January 04, 2024 at 06:02 PM

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“ We are so sorry to hear of your loss! What a shock! We were so pleased to get to see and visit with Sheila and family as we wintered in Mission, Texas each year! Prayers for comfort for Josie, Peggy and all family as you move forward. May God be with you!!

Sandy & Bill Horning - January 03, 2024 at 10:44 AM